



Starters

Homemade Seasonal Soup (V) / £5.95
Served with artisan bread*

Caramelised Onion & Goats Cheese Bruschetta (V) / £5.95
Wild rocket salad

Bubble & Squeak (GF) / £6.95 / £9.75
With ham and poached eggs

Chilli & Garlic Fresh Water Tiger Prawns / £7.95
Served with artisan bread*

Crispy Calamari / £6.95
Served with homemade tartare sauce & lemon

Panelle (VE) / £5.95
Sicilian chickpea fritters with spicy tomato dip

Cod, Salmon, Crayfish & Spring Onion Fishcakes / £7.95/ £12.95
Served with dressed mixed leaves & tartare sauce

Sharers

Whole Baked Camembert Cheese* / £13.00
With smoked chilli jam and caramelised red onion chutney

Seafood Station* / £15.50
Smoked salmon, crispy calamari, chilli and garlic prawns,
tartare sauce & mixed salad

*All served with a freshly baked artisan baguette
Gluten-free option available on request

Salads

Hot Chicken Bacon & Avocado / £10.95
Served on a bed of mixed leaves

Super Bowl Salad (VE) / £9.95
Quinoa, avocado, cherry tomatoes, sweet potato & tender stem
broccoli

**Roasted Mediterranean Vegetables & Goat's Cheese
(V, GF) / £9.95**
Served on a bed of mixed leaves

*Please make your server aware of any allergies or dietary requirements

*Gluten-free bread available on request

An optional gratuity of 10% will be added to your bill

All gratuities go to the team in this restaurant

V: Vegetarian Ve: Vegan GF: Gluten Free

If you have any allergies or specific dietary requirements please speak to your waiter

WINE SUPPLIED BY AFC DIRECT LTD

Mains

Slow Cooked 12 Hour Pork Belly / £15.50
Served on bubble and squeak with wilted spinach & pork liquor

Lamb Shank (gf) / £16.95
Served with red wine jus, mashed potatoes & seasonal vegetables

Pan Roasted Sea Bream / £15.95
Served with baby potatoes, tender stem broccoli & cherry tomatoes

Wild Mushroom & Blue Cheese Risotto (V) / £12.50
Arborio rice, mushroom, blue cheese, wild rocket & Gran Padano

Stuffed Chicken Breast / £13.95
Spinach, cream cheese & wild mushroom centre, with mushroom
sauce and roasted baby potatoes

Local Beer Battered Cod / £12.95
Served with mushy peas, chunky triple cooked chips & homemade
tartare sauce

Fresh Handmade Crab Ravioli / £15.95
With a king prawn & cherry tomato sauce

Tom's Artisan Steak & Ale Pie / £12.00
Served with mashed potatoes or chunky triple cooked chips,
market-fresh vegetables & gravy

8oz Fillet Steak / £24.95
Served with chunky triple cooked chips, grilled tomato
and mushroom (add peppercorn or blue cheese sauce £1.95)

Beef Stroganoff / £14.50
Beef fillet and mushrooms in a cream and mustard sauce
served with rice

Mushroom Stroganoff £11.95
Mushrooms in a cream and mustard sauce served with rice

Bears Burger / £11.95 (add Cheese or Bacon + £1.00)
Served in toasted ciabatta with tomato, lettuce and fries or
chunky triple cooked chips.

Halloumi and Hummus Burger (v) / £9.95
Served in toasted ciabatta* with tomato, lettuce and fries or
chunky triple cooked chips

Buttermilk Chicken Burger / £10.95
Served in toasted ciabatta with tomato, lettuce, cajun mayo and
fries or chunky triple cooked chips

Sides

Seasonal vegetables (gf) / £3.95

Rocket and parmesan salad (gf) / £3.50

Dressed mixed leaves (gf) / £2.95

Garlic ciabatta / £3.95

Mashed potato / £3.95

Fries / £2.95

Chunky triple cooked chips / £3.95

Sweet potato fries / £3.95